

2020-2021



Health & Safety Guidelines

Tualatin Valley Academy

Edited 8.2020

Overview

The following plan to open school has been developed based on guidelines and requirements provided by the Oregon Conference of Seventh-day Adventists Education Department.

The Education Department guidelines are based on the best and most current health information known as of the latest version date of this document. These guidelines follow the Centers for Disease Control (CDC), American Academy of Pediatrics (AAP), Oregon Department of Education (ODE) and Oregon Health Authority (OHA) recommendations. As new guidance and practices become available, updates will be communicated to parents.

Any future decision in regard to discontinuing on-site instruction at Tualatin Valley Academy will be made based on the Oregon Health Authority (OHA) and Washington County Health Department Public Health Directives and guidance from the Oregon Conference Education Department.

03 Let's Get Started!

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We're learning too! Updates may happen as recommendations change.

For the most updated information, visit: tualatinvalleyacademy.org/covid



Absences due to illness will be recorded per the usual process.

In order to have an absence excused due to illness, parents must report the absence and reason to the front office each morning. Teachers and administrators will work with parents and students to ensure learning continues during a student's extended absence.

COVID-19 Exclusion Guidance for K-12 Schools

Your child should come to school if they:

- Have a temperature below 100.4 degrees Fahrenheit
- Have no new symptoms of COVID-19 in the past 14 days. Symptoms may include:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - Loss of taste or smell
 - Sore Throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- Are not taking fever or symptom-reducing medicine such as acetaminophen (Tylenol), ibuprofen (Motrin, Advil), or cough syrup

Your child should stay at home and will be sent home from school if they:

- Appear or complain of feeling unwell or they have a suspected communicable disease
- Have a fever of 100.4 or higher, or other COVID-19 symptoms
 - Students with a fever or other symptoms at school will be isolated until they can be picked up by their parent or guardian
- Have had close contact with someone who has COVID-19.
 - The CDC defines close contact as being within 6 feet of the person for more than 15 minutes starting from 2 days before illness onset or, for people without symptoms, 2 days before the positive specimen collection.

Your child should return to school when:

- They bring a doctor's note with permission to return
 - Return to school notes may be presented in-person at the time of return or emailed to tvja@tvja.org before returning
 - Refer to [CDC criteria](#) for discontinuing home isolation when COVID-19 is known or suspected
 - Consult with your doctor to determine when this will be met

AND

- Symptoms are gone or improving
- They have been fever-free for 24 hours
- They are not taking fever-reducing medicine such as acetaminophen (Tylenol) or ibuprofen (Motrin, Advil)

Screening Requirements

Pre-screening at Home

Parents are required to complete the daily health screening form before the student may enter the school building. The screening form notes temperature and other COVID-19 symptoms outlined by public health officials. If the child has a temperature greater than 100.3 or symptoms of COVID-19, or if they have had close contact with a person diagnosed with COVID-19 in the previous 14 days, they should remain at home and follow the guidelines for return to school.

Pre-screening at School

For everyone's safety, all staff, visitors and students will be screened for a fever and symptoms of illness upon entering campus. As they walk in, students' temperature will be taken and they will sanitize their hands. In order to limit visitors on campus, parents and guardians will not be permitted to walk students to their classroom.

Please note: If a student is symptomatic when entering the campus or during the school day, he/she will be separated from others immediately and isolated until picked up by their parent or guardian.

Parents, Guardians and Visitors: Access to campus will be limited. There will be temperature checks and symptom screening in order to access the rest of the campus. Face coverings that cover both the nose and mouth are required at all times while on campus.



06 Physical Distancing

For the safety of our students, families, teachers, and staff, expectations for social distancing, masking and hand hygiene will be communicated and reinforced throughout the school.

Arrival and Departure

- There will be markers showing where students should stand as a line forms at screening stations
- There will be designated routes for entry and exit of the campus
- During drop off and pick up times, visitors - including parents/guardians - will be limited to maintain a minimum of six feet of distance between individuals

During School

- Face coverings are required at all times by everyone on campus, except when eating or drinking (while 6 ft from another person).
 - Face coverings are required during PE/recess.
- Classes are placed into cohorts according to state regulations. These cohorts allow for increased social distancing.
 - Students will use the bathroom associated with their cohort.
- In the classroom, desks are arranged in the classrooms to allow students to be 6 feet apart and facing in the same direction.
 - Extra furniture has been removed to allow 35 square feet of physical distancing per child
- Hallways have designated passing periods and one-way traffic to limit interaction
- Teachers for classes such as music, library, etc. will come to the classroom rather than requiring students to come to them.
 - Music will not utilize wind instruments, and if singing is performed, students will practice social distancing of at least 15 feet.
- Physical education and recess will take place in the gym or outdoors as much as weather permits.
 - Activities will follow the guidelines set up for athletics programs.
 - Playground use will be scheduled in a way that allows students to utilize outdoor space while maintaining social distancing
- When working together in the science lab, students will be required to wear face shields in addition to their standard face covering.

07 Non-Classroom Spaces and Activities



Playground

- Students will have access in cohorts by grade level.
- Masks are required. Every effort will be made to keep students socially distanced on the playground
- Students will sanitize their hands before and after recess
- Equipment used will be cleaned after each cohort



Lunch

- Students will eat in their classrooms, facing the same direction
- Hot lunch will continue to be available as individually plated meals
- When 6 feet away from another student or staff, masks may be removed to eat or drink but should be replaced immediately after



Dismissal

- Dismissal times will be staggered to allow for social distancing
- Communication systems are being implemented to coordinate dismissal for families with multiple children



Chapel, Trips, and Concerts

- Some chapel programs may be held outside, others may be live-streamed to classrooms
- All intergroup activities will be virtual through December 31, 2020. There will be no in-person field trips during first semester.
- Second semester plans for field trips and activities will be evaluated as recommendations change



Athletics

- Sports will be allowed to restart based on guidance by Oregon School Activities Association (OSAA), the Oregon Conference Education Department, and state and county health agencies.

Face Coverings

Faculty and staff will be wearing masks and face shields.

Students

- Students must wear face coverings that cover both the nose and mouth at all times while on campus
 - Face coverings may be removed for eating and drinking and should be replaced promptly when done
- Face shields may be used in addition to masks, but are not required.
 - Face shields should not be used without a mask, unless the student has a medical exemption from their doctor

Hygiene

Personal hygiene procedures will be taught and reinforced.

- In the elementary, classroom routines will include teaching and reinforcing personal hygiene on a regular basis.
- In Junior High, students will be reminded both verbally and by signage to perform hand hygiene upon entering each classroom and to wash hands frequently.
- Each classroom has been outfitted with hand sanitizer pumps.

Classroom Celebrations and Food Fundraisers

- For everyone's safety, all food, including condiments, must be commercially prepared and individually packaged.
- Buffet or family-style meals are not permitted.

Drinking Fountains

- Drinking fountains will be closed.
- Water bottle fill stations will be available.
- Students should bring a water bottle, clearly marked with their name, to school.
- Students are not to share water bottles.
- Water bottles will be sent home weekly to wash.



Cleaning and Disinfecting

Classrooms will be cleaned and disinfected daily using EPA-approved disinfectants. All high-touch surfaces will be disinfected.

High-touch surfaces throughout the campus will be disinfected regularly throughout the day.

Classroom procedures have been developed to disinfect high-touch surfaces throughout the day.

Cloth surfaces that cannot be easily sanitized have been removed from classrooms wherever possible.

High-touch surfaces include these and more:

Doorknobs, cabinet handles, table tops, desks, chairs, dividers, keyboards, phones, headsets, faucet handles, and light switches



10 Plan if Another Stay At Home Order is Implemented



Tualatin Valley Academy teachers and administration will set up and communicate procedures to ensure that any mandated transition to distance learning happens smoothly and effectively.

These transition plans include the consistent use of online platforms to communicate and house tools for learning, as well as daily schedule for direct online instruction. In order to support a seamless transition, the same online platform will be used to communicate throughout the regular school year. Parents and students will be trained to use the online platform at the beginning of the year.

To ensure uninterrupted instruction, in the event that TVA needs to transition to distance learning, the new daily schedule for all grades will include a full day of synchronous and asynchronous instruction with students being connected and interacting with their teacher(s). This will be a combination of screen time, breaks, and off-screen activities.

Contact Information

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